

Metro East Distance Meet 2022 - 22/10/2022

Session Report

Session: 1 Metro East Distance Meet 2022

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 1500 Freestyle Break: 20 Minutes: Warm up	33	5	01:00 PM	_____
Finals	2 Mixed 400 IM Break: 20 Minutes: Warm up	24	3	03:05 PM	_____
Finals	3 Mixed 800 Freestyle Break: 20 Minutes: Warm up	39	5	03:47 PM	_____
Finals	4 Mixed 400 Freestyle Swimmers Counts for Warm-ups: 173	88 =====	11 =====	05:07 PM	_____
	Entry / Heat Totals:	184	24		
	Finish Time			06:15 PM	_____