



**Dandenong Ranges & District Swimming
Association Inc. (Est. 1958)**

METRO EAST JUNIOR DISTRICT SELECTION TRIALS

Sunday 1st October 2023

Aquanation, Ringwood

Pool Entry and Warm Up: 12:30pm Events Start: 1:30pm

PROGRAM OF EVENTS

| Event No. | Event | Event No. | Event |
|------------------|--|------------------|--|
| 7 | Girls 11 Year Olds 50m Butterfly | 25 | Girls 11 Year Olds 50m Breaststroke |
| 8 | Boys 11 Year Olds 50m Butterfly | 26 | Boys 11 Year Olds 50m Breaststroke |
| 9 | Girls 10 Year Olds 50m Butterfly | 27 | Girls 10 Year Olds 50m Breaststroke |
| 10 | Boys 10 Year Olds 50m Butterfly | 28 | Boys 10 Year Olds 50m Breaststroke |
| 11 | Mixed 8-11 Year olds 50m Butterfly MC | 29 | Mixed 8-11 Year olds 50m Breaststroke MC |
| 12 | Girls 9 Year Olds 50m Butterfly | 30 | Girls 9 Year Olds 50m Breaststroke |
| 13 | Boys 9 Year Olds 50m Butterfly | 31 | Boys 9 Year Olds 50m Breaststroke |
| 14 | Girls 8 Year Olds 50m Butterfly | 32 | Girls 8 Year Olds 50m Breaststroke |
| 15 | Boys 8 Year Olds 50m Butterfly | 33 | Boys 8 Year Olds 50m Breaststroke |
| 16 | Girls 11 Year Olds 50m Backstroke | 34 | Girls 11 Year Olds 50m Freestyle |
| 17 | Boys 11 Year Olds 50m Backstroke | 35 | Boys 11 Year Olds 50m Freestyle |
| 18 | Girls 10 Year Olds 50m Backstroke | 36 | Girls 10 Year Olds 50m Freestyle |
| 19 | Boys 10 Year Olds 50m Backstroke | 37 | Boys 10 Year Olds 50m Freestyle |
| 20 | Mixed 8-11 Year olds 50m Backstroke MC | 38 | Mixed 8-11 Year olds 50m Freestyle MC |
| 21 | Girls 9 Year Olds 50m Backstroke | 39 | Girls 9 Year Olds 50m Freestyle |
| 22 | Boys 9 Year Olds 50m Backstroke | 40 | Boys 9 Year Olds 50m Freestyle |
| 23 | Girls 8 Year Olds 50m Backstroke | 41 | Girls 8 Year Olds 50m Freestyle |
| 24 | Boys 8 Year Olds 50m Backstroke | 42 | Boys 8 Year Olds 50m Freestyle |

This Meet forms the selection trials for the team to represent Metro East District at the Victorian Metro Junior District Competition at MSAC on Saturday 28th October 2023

The top 10 swimmers in each event will qualify for the Metro East team.

Parents of qualifiers will be required on the day to complete an "Availability to Compete & T-Shirt Order Form"



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TERMS AND CONDITIONS OF ENTRY

1. Meet will be conducted under the rules of Swimming Australia Ltd and Swimming Victoria.
2. **SV enforce swim suit restrictions for 11/U swimmers at the Metro Junior District competition and Metro East will be applying these restrictions at this meet. See the SV website [here](#) for details and ensure all 11/U swimmers comply. Failure to meet these requirements will be enforced through disqualification.**
3. All participants must be registered as a swimmer with a Metro East District affiliated club.
4. Swim Central entries only will be accepted.
5. **Age as at 28th October 2023**, date of the Metro Junior District Competition.
6. Swimmers under 8 years are not eligible to enter.
7. Entry fee: \$10.00 per event.
8. **Entries close Sunday 24th September 2023.** Late entries will not be accepted.
9. Refund of entry fees will only be provided if an entry is rejected.
10. Team Manager entry file for club use only is available on request.
11. Pool entry is free for all spectators and swimmers.
12. Warm up/cool down lanes will be available during the meet.
13. Programs will be available for download from the Metro East website by Thursday prior to the meet <https://metroeast.swimmingclub.org.au/>
14. **The 10 fastest swimmers in each event (not heat)** qualify to represent Metro East District at the Victorian Metro Junior District Competition to be held at MSAC on 28th October 2023.
15. Qualifiers will receive a semi finalist flash and a team information sheet on the day. Those who compete in the finals at MSAC will also receive a district T-shirt and cap.
16. Please direct any enquiries to east.meets@hotmail.com