



# Dandenong Ranges & District Swimming Association Inc. (Est. 1958)

[metroeastswimming.swimming.org.au](http://metroeastswimming.swimming.org.au)

## METRO EAST ALL JUNIOR SELECTION TRIALS

Saturday 23<sup>rd</sup> March 2024

AQUANATION RINGWOOD (Indoor Heated 50m Pool)  
Greenwood Ave Ringwood VIC 3134

Session 1: Pool Entry & Warm Up at 12.30pm. Event start TBC after entries close.

| F  | M  | AGE      | EVENTS            | F  | M  | AGE      | EVENTS              |
|----|----|----------|-------------------|----|----|----------|---------------------|
| 1  | 2  | 8/Under  | 50m Butterfly     | 39 | 40 | 8/Under  | 50m Breaststroke    |
| 3  | 4  | 9 Years  | 50m Butterfly     | 41 | 42 | 9 Years  | 50m Breaststroke    |
| 5  | 6  | 10 Years | 50m Butterfly     | 43 | 44 | 10 Years | 50m Breaststroke    |
| 7  | 8  | 11 Years | 50m Butterfly     | 45 | 46 | 11 Years | 50m Breaststroke    |
| 19 |    | 16/Under | 50m Butterfly MC  | 57 |    | 16/Under | 50m Breaststroke MC |
| 20 | 21 | 8/Under  | 50m Backstroke    | 58 | 59 | 8/Under  | 50m Freestyle       |
| 22 | 23 | 9 Years  | 50m Backstroke    | 60 | 61 | 9 Years  | 50m Freestyle       |
| 24 | 25 | 10 Years | 50m Backstroke    | 62 | 63 | 10 Years | 50m Freestyle       |
| 26 | 27 | 11 Years | 50m Backstroke    | 64 | 65 | 11 Years | 50m Freestyle       |
| 38 |    | 16/Under | 50m Backstroke MC | 76 |    | 16/Under | 50m Freestyle MC    |

Session 2: Starts 40 minutes after completion of session 1

|    |    |          |                |    |    |          |                  |
|----|----|----------|----------------|----|----|----------|------------------|
| 9  | 10 | 12 Years | 50m Butterfly  | 47 | 48 | 12 Years | 50m Breaststroke |
| 11 | 12 | 13 Years | 50m Butterfly  | 49 | 50 | 13 Years | 50m Breaststroke |
| 13 | 14 | 14 Years | 50m Butterfly  | 51 | 52 | 14 Years | 50m Breaststroke |
| 15 | 16 | 15 Years | 50m Butterfly  | 53 | 54 | 15 Years | 50m Breaststroke |
| 17 | 18 | 16 Years | 50m Butterfly  | 55 | 56 | 16 Years | 50m Breaststroke |
| 28 | 29 | 12 Years | 50m Backstroke | 66 | 67 | 12 Years | 50m Freestyle    |
| 30 | 31 | 13 Years | 50m Backstroke | 68 | 69 | 13 Years | 50m Freestyle    |
| 32 | 33 | 14 Years | 50m Backstroke | 70 | 71 | 14 Years | 50m Freestyle    |
| 34 | 35 | 15 Years | 50m Backstroke | 72 | 73 | 15 Years | 50m Freestyle    |
| 36 | 37 | 16 Years | 50m Backstroke | 74 | 75 | 16 Years | 50m Freestyle    |

**Age for all events as at 27<sup>th</sup> April 2024**  
**(Date of Metro All Junior Semi-Finals)**

**Semi Finalists:** The Top Ten Swimmers progress to the Metro All Junior Competition at MSAC on 27<sup>th</sup>-28<sup>th</sup> April 2024. These swimmers will receive a sew-on All Junior Semi Finalist flash on the day of the Metro East Selection Trials.

Entries - \$11 per event

**ENTRIES CLOSE SUNDAY 17<sup>th</sup> MARCH 2024 (or earlier if capacity reached)**

Irrespective of age group, individual medal winners in events from the 2024 Victorian Sprint, Country, Metropolitan, Open or Age Championships, are excluded from swimming in the All Junior Selection Trials or Competitions for the stroke in which the medal was won regardless of event distance.

Programs will be published on the Metro East website [metroeastswimming.swimming.org.au](http://metroeastswimming.swimming.org.au)

Please direct all enquiries to [east.meets@hotmail.com](mailto:east.meets@hotmail.com)



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## TERMS AND CONDITIONS OF ENTRY

- Meet will be conducted under the rules of Swimming Australia Ltd and Swimming Victoria Inc.
- This meet is open to registered members of Swimming Victoria and non-registered swimmers.
- Non-registered swimmers should compete in the District nearest home wherever possible.
- Swimming Victoria registered swimmers must compete in their Club's affiliated District.
- Swimming Victoria's 11 & under SV swim suit policy will not be enforced at this meet.
- Irrespective of age group, individual medal winners in events from the 2024 Victorian Sprint, Country, Metropolitan, Open or Age Championships, or equivalent interstate championships (ie Tasmania, NSW, SA etc) are excluded from swimming in the All Junior Competitions for the stroke in which the medal was won.
- Swimmers are restricted to events in their own age group i.e. a swimmer aged nine on 27<sup>th</sup> April 2024 can only compete in 9 year events.
- Swimmers can only enter this competition if they have genuine intention of making themselves available to swim at the All Junior finals should they qualify.
- **Swimmers who qualify to represent District at Finals, and then withdraw or not show on the day for finals without a valid medical reason will be excluded from the next District Competition at the discretion of the District Selection Committee**
- The fastest ten swimmers in each event for girls and boys, 8 & under, 9, 10, 11, 12, 13, 14, 15 & 16 year olds at the District trials, qualify to swim at the All Junior Semi-Finals to be held at MSAC on Saturday 27<sup>th</sup> April 2024. The fastest ten swimmers from the Semi-Finals qualify to swim in the Finals on Sunday 28<sup>th</sup> April 2024.
- Semi Automatic Timing will be used.
- Refund of event entry fees will only be provided if the entry is rejected.
- Pool entry is free for swimmers and spectators.

## ENTRY METHODS – Entries Close on Sunday 17<sup>th</sup> March 2024 UNLESS CAPACITY IS REACHED EARLIER

- Swim Central online entries only are accepted for Swimming Victoria registered swimmers.
- Non-registered or unattached swimmers (ie those who do not belong to a Club) can use the entry form provided below.

|   |                        |                                     |                                       |
|---|------------------------|-------------------------------------|---------------------------------------|
| <b>Metro East All Junior Selection Trials</b> | <b>23rd March 2024</b> | Club (or Unattached)                | Gender <b>Male</b>   <b>Female</b>    |
| Surname                                       | First Name             | DOB (dd/mm/yyyy):<br>____/____/____ | Age as at 28 <sup>th</sup> April 2024 |
| Signature                                     | Phone No.              | Email                               |                                       |

## Entry Details

| Event No.             | Stroke<br>(FLY/BACK/<br>BREAST/FREE) | Entry time<br>(or write NT if the swimmer<br>does not have a time for 50m) | Email <b>completed form and payment receipt to:</b><br><a href="mailto:east.meets@hotmail.com">east.meets@hotmail.com</a><br><br><b>Payment by EFT to:</b><br>BSB : 633-000 Account. No:1286 44598<br>Account Name: DRDSA<br>Include swimmer's name in reference field<br><br><b>NO CREDIT CARD FACILITIES AVAILABLE</b> |              |
|-----------------------|--------------------------------------|--|--|--------------|
| 1                     |                                      |  |  |              |
| 2                     |                                      |  |  |              |
| 3                     |                                      |  |  |              |
| 4                     |                                      |  |  |              |
| <b>TOTAL ENTRIES=</b> |                                      |  | <b>@ \$11 PER EVENT = \$</b>   | <b>TOTAL</b> |